



Rutland Health

PRIMARY CARE NETWORK

Rutland Health PCN Patient Newsletter

Welcome to the first Rutland Health Primary Care Network patient-centred newsletter. We are a PCN made up of 4 high-achieving practices, covering a list size of 41,000 patients. Our purpose is to support the GP practices in delivering patient care. We think it is extremely important to keep all our patients informed of new happenings within the PCN.

PCN PROJECTS

- **The brand new portakabin at Empingham Medical Centre has become the base for our PCN Diagnostic Programme. The main aim of this programme is to help and support those who may be diagnosed with a long-term condition, such as COPD or Asthma. Although initially a pilot, we are glad to announce that the PCN has secured funding to make the programme continue for the foreseeable future, capacity will also increase.**
- **The PCN PPG is where you as patients can meet with the PCN to discuss practice issues and patient experiences to help improve our service. Your practice PPG is actively seeking new members, if you are interested please contact your practice.**
- **Covid 19 update: we are pleased to report that we will be delivering spring boosters, prioritising care home and housebound patients. Your surgery will contact you when you are eligible.**

To ensure that you get help from the right person at the right time, our trained patient services team may suggest an appointment with one of the specialist practitioners in our team, instead of a GP. For more information on alternatives to GP appointments please see the list to the right, and the below link

<https://www.rutlandhealth.co.uk/how-your-practice-can-help-you-alternatives-to-gp-appointments/>

YOUR PCN STAFF

- Dr James Burden - Clinical Director
- Nicola Turnbull - PCN Manager
- Laura Cousins, Eilidh Potter, Georgina Baker - Proactive Care Coordinators
- Izzy Petrie - Health and Wellbeing Coach
- Henna Hamid, Farkhana Iqbal, Hires Morjaria, Pritesh Patel, Gurpal Singh, Ajay Patel - Clinical Pharmacists
- Carla Fall - Social Prescribing Link Worker in the RISE Team
- Clare Tyler - MSK specialist
- Rose Mubwanda - Mental Health Practitioner

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Rutland County Council has devised a Health and Well-being Strategy to improve the health and well-being of people in Rutland by working closely with local health services. This includes extending healthy life expectancy, reducing inequalities and health and social care integration. For more information please visit the Rutland County council website