

# news

Local news from your local Healthwatch

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## All the local news and coming events from Healthwatch Rutland: Mid-June 2018

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### Healthwatch Rutland Welcomes New Team

We extend a warm welcome to Kirsteen McVeigh, Caroline Spark and Dr. Janet Underwood, who along with Professor Will Pope our interim Chair, make up our new Board. After re-setting the new systems and processes, we'll look to expand the Board further, to perhaps six to eight board members later in the year. We are going through an induction process at present and planning the first series of new HWR Board meetings. Find a brief introduction to our new Board members, on our website [here](#).

Tracey Allan-Jones becomes Healthwatch Manager and will be recruiting a new officer, to be based in the HWR office in Oakham.

It's a new exciting chapter for Healthwatch Rutland and we all look forward to working with our volunteers to champion the voice of patients and service users to help shape and improve local health and social care services for our community.

### Are you a Parent/Carer of a Child with Special Educational Needs and/or Disability?

Leicestershire Partnership Trust, with SENDIASS\* Leicester, are seeking your views to help shape their Public Health Nurse services which include School Nurses and Health Visitors. If you have a child or young person with special educational needs and/or disability, have spoken to your Health Visitor or School Nurse in the past 3 years, and want to share your views and experiences, please complete the online [survey](#).

\*Special Educational Needs and Disabilities Information Advice and Support Service

### Armed Forces Day 2018

Show your support by joining the Armed Forces Day Celebration with Leicestershire Partnership Trust (LPT) on Friday 22<sup>nd</sup> June 2018 from 1.30 to 4pm, at the NSPCC in Leicester. The event is open to local people, veterans and reservists to meet, connect and share tea and cake. You'll hear from the CEO of LPT about local support and services, and find out what LPT are doing to support veterans, reservists and their families.

You can find out more and register [here](#)

Call 0116 296 1337 to register a group or if you prefer to register yourself by 'phone.

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## Healthwatch Quick Poll

We are running a Quick Poll this month to ask how much you would like to be involved in planning your care when you are older. It's just 3 questions and will take a minute of your time. Please take part [here](#).

## H.O.P.E. Programme offered to people after Cancer Treatment

From July 2018 Leicester's Hospitals are launching free six-week courses to help cancer patients to get more out of life. The Help to Overcome Problems Effectively programme is a health and lifestyle coaching course developed by Coventry University and Macmillan Cancer Support. The course aims to help people take control, boost confidence and teach relaxation techniques. Find out more [here](#).

## Carers' Week 11<sup>th</sup> - 17<sup>th</sup> June 2018

We are coming towards the end of Carers' Week - an annual campaign to celebrate and recognise the vital contribution made by the UK's 6.5 million carers. Our local Carers UK representative and HWR volunteer, Jacqui Darlington, has been out and about at the local GP surgeries and Late Night Pharmacy supporting carers and highlighting the theme of this year's campaign "Helping Carers to get Healthy and Connected". You can still catch Jacqui on Friday (15<sup>th</sup>) this week at the Uppingham Surgery between 9am and Noon, details [here](#)

## Assistive Technology Showcase Events

Leicestershire and Rutland are reviewing the current provision of Assistive Technology in order to benefit from new and emerging technologies. Public involvement is invited to ensure that the needs of users are properly understood. Suppliers have been asked to demonstrate their products in a 'Dragons' Den' style event to be held on 26<sup>th</sup>, 28<sup>th</sup> June and 3<sup>rd</sup> July and the outcomes will help to inform service design for the future. If you would like further information, or want to attend, contact 0116 305 8326 or [Jessica.williams@leics.gov.uk](mailto:Jessica.williams@leics.gov.uk)

## What to expect after a diagnosis of Dementia

If you have been diagnosed with dementia, or are supporting someone with dementia, the Department of Health and Social Care has published guidance to help you to understand the kind of support services that are available in England [here](#)

## Reminder: Have Your Say - LLR Draft Dementia Strategy

The strategy is for everyone affected by dementia across Leicester, Leicestershire and Rutland (LLR). This includes people with a diagnosis of dementia, their families and carers, and people and organisations who work to support them. To read the strategy and take part in the survey click [here](#). The survey is live until Friday 22nd June 2018.

## Our Contact details

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