



Rutland County Council's Healthy Rutland Grant Scheme aims to encourage projects which are designed to improve health and wellbeing for the people of Rutland.

Example projects:

- Gardening & green projects
- Lunch clubs
- New community club
- Inclusive activities– walking football, buggy runs, chair exercise, etc.
- Good neighbour schemes
- Healthy eating projects

Projects should improve health and wellbeing, promote independence and reduce the impact of long term health conditions.

The scheme is encouraging application from the social sector based in the county including community groups, voluntary sector organisations, schools, parish and town councils.

To check eligibility please refer to guidance notes.

Grants of up to £10,000 available. Applications for smaller amounts of funding (under £1000) are welcomed.

Application Deadlines:

First round- 30th November 2018 5pm

Second round– 22nd February 2019 5pm

Third round– 3rd May 2019 5pm

First Round Training Sessions:

How to write a funding application

18th October 2018, 1pm-4pm, Oakham

Measuring Impact

12th November 2018, 1pm-4pm Uppingham

Application Support Appointments:

Monday 29th October

Friday 9th November

Further support sessions are available and training sessions linked to future rounds will be announced on www.rutlandbelling.org.uk

**To make an appointment or to book onto training sessions
contact 01572 725805**

For more information visit:

www.rutlandwellbeing.org.uk/news/healthy-rutland-grant-scheme

or contact Clare.Thomas@citizensadvice Rutland.org.uk

The Healthy Rutland Grant scheme is funded by Public Health Grant and the Better Care Fund.