



December 2021

2021 has been another challenging year for everyone - individuals, communities and NHS and Care staff alike. Many have lost people close to them and had long waits for operations and procedures that have had to be postponed. Health and Care staff have worked tirelessly to keep us safe and well.

We would like to say a special thank you to our volunteers, and to everyone who has contributed their time to giving us their views and experiences of health and care services over the last year. Your feedback helps these services to find out where they are meeting your needs, but also how they can improve.

Happy Christmas and we hope for better times ahead in 2022.



healthwatch
Rutland



**Wishes you a
Merry Christmas**



Stay protected: grab your jab

Adults 18 years and over, and 16 year olds and over with a health condition that puts you at risk from COV-19 infection, can pre-book a booster on the [national booking system](#) if it has been 61 days since your second dose of the vaccine. You will be offered an appointment date from 3 months after your second dose (91 days).

If you have tested positive for COVID-19 however, you must wait 28 days before getting a booster.

Walk-in appointments may be available at some vaccination sites but are very much dependent on supply of the vaccine on the day. You can visit the [NHS walk-in checker](#) to find out if any sites near you are offering walk-in vaccinations. Some vaccination centres, depending on vaccine supply, are offering walk-in jabs at quite short notice. We advertise these on social media when possible. This includes the Rutland centre at the Oakham Enterprise Park.

If you know of anyone who is unlikely to be able to book online, please encourage them to telephone 119 to get their booster booked.



[Book or manage a coronavirus vaccination](#)

Closing for the holidays

The Healthwatch office will close from Thursday 23 December, opening again on Wednesday 5 January.

If you need information, take a look at our online articles: [Advice and information | Healthwatch Rutland](#)

Please continue to share your experiences with us over the holidays by using the online

feedback form on our website: [Have your say | Healthwatch Rutland](#)

You can also email us any feedback and requests for information and advice to info@healthwatchrutland.co.uk and we'll get in touch when we're back to work in the new year.
